

SEPTEMBER 2010



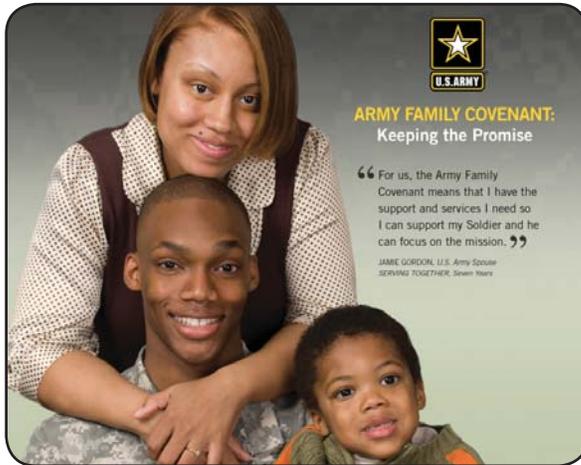
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Company Commander & 1SG Spouse Course Part 1 of 2, 0900 - 1530
 English as a Second Language (ESL), 0900 - 1200
 German Support Group, 1000 - 1200
 Boot Camp for New Dads, 1145 - 1245
 Brown Bag Luncheon "Thrift Savings Plan (TSP)", 1200 - 1300
 Cooperative Parenting & Divorce, 1300 - 1400

Carson Cares Newcomer Orientation, 0800 - 1530
 Company Commander & 1SG Spouse Course Part 2 of 2, 0900 - 1530
 English as a Second Language (ESL), 0900 - 1200
 Job Search Orientation, 0900 - 1200

ACS Facilities Closed - Organization Day -

September 4 (SATURDAY)
 Installation Yard Sales, 0800 - 1500

ACS Facilities Closed - Federal Holiday (Labor Day) -

Checkbook Management, 0900 - 1100
 English as a Second Language (ESL), 0900 - 1200
 Job Search Orientation, 0900 - 1200
 Infant Massage, 1000 - 1130
 Baby Nurturing, 1130 - 1300
 FRG Orientation, 1300 - 1400

English as a Second Language (ESL), 0900 - 1200
 Nurturing Program Registration, 1000 - 1400
 Boot Camp for New Dads, 1145-1245
 Brown Bag Luncheon "Managing Your Debt", 1200 - 1300
 Cooperative Parenting & Divorce, 1300 - 1400

Sponsorship Training, 0730 - 0815
 English as a Second Language (ESL), 0900 - 1200
 Job Search Orientation, 0900 - 1200
 Money Trouble Solutions "Real Life Investing", 1800 - 1930

Playgroup, 1000 - 1200

September 11 (SATURDAY)
 Installation Wide Yard Sale, 0800 - 1500

Army Family Team Building Level 1 Part 1 of 2, 0930 - 1400
 English as a Second Language (ESL), 0900 - 1200
 FRG Training Part 1 of 2, 0900 - 1530

Army Family Team Building Level 3 Part 1 of 2, 0830 - 1630
 English as a Second Language (ESL), 0900 - 1200
 Job Search Orientation, 0900 - 1200
 Infant Massage, 1000 - 1130
 Korean Support Group, 1000 - 1200
 Baby Nurturing, 1130 - 1300
 The Dad Difference, 1130 - 1230

Army Family Team Building Level 1 Part 2 of 2, 0830 - 1200
 English as a Second Language (ESL), 0900 - 1200
 FRG Training Part 2 of 2, 0900 - 1530
 Mayors Meeting, 0930 - 1030
 Nurturing Program 0 to 5 years, 0930 - 1230
 German Support Group, 1000 - 1200
 Boot Camp for New Dads, 1145 - 1245
 Brown Bag Luncheon "Thrift Savings Plan (TSP)", 1200 - 1300
 Cooperative Parenting & Divorce, 1300 - 1400
 Volunteer Management Training, 1300 - 1400
 Nurturing Program 5 years to 12 years, 1730 - 2030

English as a Second Language (ESL), 0900 - 1200
 Job Search Orientation, 0900 - 1200
 Naturalization Ceremony, 1400 - 1430

Army Family Team Building Level 3 Part 2 of 2, 0830 - 1630
 Playgroup, 1000 - 1200

September 18 (SATURDAY)
 Installation Yard Sales, 0800 - 1500

English as a Second Language (ESL), 0900 - 1200

English as a Second Language (ESL), 0900 - 1200
 Job Search Orientation, 0900 - 1200
 Infant Massage, 1000 - 1130
 Baby Nurturing, 1130 - 1300
 Introduction to Computer Basics, 1300 - 1500
 Spouse Battlemind Training, 1300 - 1500
 Intimate Allies: Learning, Living & Loving in a Win-Win Marriage, 1830 - 2030

English as a Second Language (ESL), 0900 - 1200
 Nurturing Program 0 to 5 years, 0930 - 1230
 Career Fair, 1000 - 1400
 Brown Bag Luncheon "Used Car Buying", 1200 - 1300
 Cooperative Parenting & Divorce, 1300 - 1400
 Nurturing Program 5 years to 12 years, 1730 - 2030

Sponsorship Training, 0730 - 0815
 English as a Second Language (ESL), 0900 - 1200
 Job Search Orientation, 0900 - 1200
 Homebuyers Workshop, 1700 - 2100

Playgroup, 1000 - 1200

English as a Second Language (ESL), 0900 - 1200
 FRG Treasurer Training, 0900 - 1100

English as a Second Language (ESL), 0900 - 1200
 FRG POC Training, 0900 - 1100
 Job Search Orientation, 0900 - 1200
 Infant Massage, 1000 - 1130
 Baby Nurturing, 1130 - 1300
 The Dad Difference, 1130 - 1230
 Intimate Allies: Learning, Living & Loving in a Win-Win Marriage, 1830 - 2030

English as a Second Language (ESL), 0900 - 1200
 FRSA Meet & Greet, 0900 - 1100
 Job Search Orientation, 0900 - 1200
 Nurturing Program 0 to 5 years, 0930 - 1230
 Nurturing Program 5 years to 12 years, 1730 - 2030

English as a Second Language (ESL), 0900 - 1200
 Job Search Orientation, 0900 - 1200
 FRG POC Training, 0900 - 1100

FACEBOOK Username: Fort Carson Army Community Service
 TWITTER Username: Fort Carson ACS

CLASS DESCRIPTIONS

Registration is required for ACS classes and childcare. Location abbreviations: ACS - ACS Center, Bldg 1526 / B - Beacon, Bldg 5510
ECC - Elkhorn Conference Center, Bldg 7300 / FC - Family Connection, Bldg 1354 / FRC - Family Readiness Center, Bldg 6237

Army 101 is offered for civilian partners only. Training familiarizes our civilian partners such as first responders and mental health professionals on such topics as: rank and command structure, acronyms, how to recognize TBI/PTSD and an overview of ACS services. ACS

Army Family Team Building (AFTB) is offered at 3 levels (beginners, intermediate & advanced). AFTB provides spouses with the information and knowledge to understand the Army. ACS

AFTB Instructor Training prepares and equips volunteers to be AFTB instructors. Topics covered include: presentation skills, public speaking and the adult learning process. ACS

Baby Nurturing is for parents with infants that are 18 months or younger. Some of the covered topics are: Is my child developing normally? When will he/she sleep through the night? When do I start him/her on solids? How long do I breast feed? ACS

Boot Camp for New Dads is a discussion group that covers becoming a new dad, caring for a baby and caring for mom. ACS

Brown Bag Luncheon explores a variety of personal finance topics (i.e. thrift savings plan, managing your debt, used car buying). It allows participants to develop skills that will help them attain their personal financial goals. Bring your lunch and we will provide the refreshments. ACS

Career Fair will be held in partnership with the Army Career and Alumni Program (ACAP). Companies will include recruiters from major corporations as well as federal/state agencies from the local region and across the nation that are looking to hire Military Personnel, Family Members & Civilians. This event will be open to the public. A list of employers is available at: www.acap.army.mil (click on Active Component Soldiers link, then Job Fairs and scroll down to ACAP/ACS Career Fair). If you would like to request a Sign Language Interpreter, please contact ACAP at (719) 526-1001/1002. ECC

Carson Cares Newcomer Orientation: Are you new to Fort Carson, or have you been here a while and are unsure what's available or how to get around? If so, join us for Fort Carson orientation, topics include: childcare, TRICARE, education and JPPSO. Not to mention, it's also a great way to meet new people. Participants also have the opportunity to tour the installation. Limited childcare is available with prior registration. FC

Checkbook Management: Learn how to properly balance your checkbook, write checks and reconcile your bank statement. ACS

Company Commander & 1SG Spouse Course: This course is designed to provide an orientation of "Go To" agencies that will help you during your time as a Company Commander/1SG Spouse. Information will be presented from subject matter experts representing various Fort Carson agencies as well as mentors who have served in these volunteer positions. We hope that you will not hesitate to ask or write down questions during the course. This is also a time to meet and share your experiences with others who are attending the course. ACS

Cooperative Parenting & Divorce: Create a positive parenting relationship on behalf of your child (or children), negotiate child friendly agreements, remain child focused and much more. ACS

English as a Second Language (ESL) offers beginner through advanced ESL classes. Registration and testing are required prior to initial class attendance. ACS

FRG Training: Wondering how to set up or run a Family Readiness Group (FRG)? Copies of DA Operation READY materials are provided and discussed. This class will equip you with the tools and knowledge to run an effective FRG. ACS

FRG POC Training will assist "Key Callers" with the basics that they will need to know in order to perform the duties associated with the FRG Point of Contact (POC) role. Topics covered include: how to handle crisis calls, when to turn the call over to the FRG leader or Rear Detachment Commander, and managing your call roster. ACS

FRG Treasurer Training is for those who volunteer to serve as a treasurer for their FRG. SJA provides a portion of this training. Topics include: how to setup your FRG account, how to do an audit and an overview of 608-47 (FRG Reg). ACS

FRSA Meet & Greet: Open to all Family Readiness Support Assistants. Come and join us for a fun filled morning. Activities will include a continental breakfast at our Sunrise Café, a Gemstone Mining Expedition, as well as an opportunity to meet the ACS staff. Please RSVP NLT Friday, September 24, 2010 by calling Mr. Terry Blansett at (719) 526-0465, or terry.l.blansett@us.army.mil. FRC

German Support Group: Neu to Colorado Springs? Vermissst Du Freunden Deutsch zu sprechen? Deutsche Familienangehoerige mit Kinder willkommen. FC

Homebuyers Workshop offers perspective home buyers the knowledge of the home buying process. Topics include: preparing for home ownership, choosing a realtor, selecting the right house, obtaining the right mortgage and understanding the closing process. FC

Infant Massage: Learn various massage techniques that can increase the bond between parent & baby. Topics include: systematic strokes to alleviate colic, creating strong bonds, increasing the communication between baby & parent and much more. B

Intimate Allies: Learning, Living & Loving in a Win-Win Marriage:

This 8 week class focuses on developing positive communication skills and understanding the principles of health relationships as individuals and couples. It will focus on deepening marital love and protecting marriage relationships from intruders. A special emphasis will be on how to affair proof your marriage. TBA

Installation Yard Sales are conducted on the 1st & 3rd Saturday of the month (April to December only) from 0800 to 1500. Make up days (inclement weather) are the Saturday following a regularly scheduled date. Residents can only conduct yard sales on those authorized days; citations can be issued to those who do not adhere to the policy. Those wishing to participate but do not reside on the installation can set up at the Beacon Elementary School Parking Lot.

Introduction to Computers will allow you to have a better overall understanding of computers. Participants will receive a basic over view of computers. ACS

Job Search Orientation offers all employment seekers an outlook on the current Fort Carson and Colorado Springs job market. ACS

Mayor's Meeting is open to all Fort Carson residents. Village mayor's and deputy mayors come together to discuss and resolve any issues or concerns that they may have. This meeting is chaired by the Garrison Commander and is supported by all installation agencies. ACS

Money Trouble Solutions: Are you seeking to improve your financial status or experiencing financial difficulties? If so, attend our monthly seminar. Topics include: How to Get Out of Debt in 5yrs or Less, Couples and Money and Investing 101. ACS

Nurturing Program 0 to 5 years & 5 years to 12 years teaches parents to be nurturing to their children as well as themselves. Topics covered include: communication with your child, how to build your child's self-esteem, behavior management techniques and much more. ACS

Playgroup: Parents, bring the tots and join us for an informative, fun-filled get-together. B

Rear Detachment Training is designed to help prepare rear detachment personnel to meet the challenges that may arise during deployments. Topics addressed include, Family Readiness Groups, problem solving skills and community resources. ACS

Spanish Support Group: Algo nuevo en ACS Fort Carson para las familias Latina. Si extranas hablar Espanol, este es el club Latino de ACS Fort Carson. FC

Sponsorship Training is mandatory (Fort Carson Regulation 600-8-8) for all personnel that have been appointed as a sponsor. For more information, contact the staff at the Family Connection. (719) 526-1070.

Spouse Battlemind Training aids spouses in recognizing and identifying some of the changes that may be associated with the deployment of their Soldier. Training includes: how to make this a positive experience. ACS

The Dad Difference: This is a positive, fun class for men that encourages and inspires dads in seeing the importance they play in the lives of their children. The class is aimed at giving dads hands on practical tools for caring and being a mentor to their children. The class is aimed at giving dads hands on practical tools for caring and being a mentor to their children. The course helps dads understand both child and parent development (understanding how children raise dads as well!) and how dads can leave a legacy for their kids and families. ACS

Volunteer Management Training is designed to identify volunteer issues in the community, share successful programs, address common problems, get familiarized with the Volunteer Management Information System and encourage interaction in support of volunteer organizations on Fort Carson and the Colorado Springs community. Training serves as a resource for organizations by enhancing the recruitment, training and retention of volunteers. For more information, please call (719) 526-4590 for registration. ACS

Also Available:

Care Team Volunteers Group
Destination Germany
Destination Korea
Developing Family Resilience
Dress for Success
Exceptional Family Member Program (EFMP) Photos with Santa
EFMP School Advocacy 101
Growing Close, Growing Strong: Developing the Intimacy in Marriage You Have Always Dreamed Of
Kids Deployment Group
Love & Boundaries with Teens
Military Adoption Fair
Moms Support Net
Nurturing Father's Program
Nurturing PEACE
Prevention & Relationship Enhancement Program (PREP)
Reintegration Training
Resiliency Training
Relationships 101
Saving Your Marriage Before It Starts: Seven Questions to Ask Before and After You Marry
ScreamFree Parenting
Sexual Assault Prevention & Response (SARC) Training
Sponsorship Training
Spouse Support Group
Toddler Time
Youth Sponsorship Training

